



Sample Mastectomy Fitter Exam

Following are sample questions that are similar to those you will find on the mastectomy fitter examination.

1. Another name for the breastbone is the:
 - A. Sternum
 - B. Clavicle
 - C. Sternal notch
 - D. Scapula
2. Which of the following muscles supports the breast tissue?
 - A. Pectoralis
 - B. Deltoid
 - C. Rhomboid
 - D. Supraspinatus
3. A patient exhibits a rounded shoulder syndrome, this is MOST likely caused by:
 - A. Poor posture due to low back pain
 - B. Congenital breast asymmetry
 - C. Scar tissue and adhesions at the surgery site
 - D. Increased edema secondary to radiation therapy
4. The area of dark skin surrounding the nipple is referred to as:
 - A. Areola
 - B. Lobule
 - C. Adipose tissue
 - D. Lactiferous
5. The shoulder is which type of joint?
 - A. Hinge joint
 - B. Pivot joint
 - C. Saddle joint
 - D. Ball and socket joint
6. Which of the following would be MOST appropriate for a patient who is only 1 week postop from a mastectomy?
 - A. Sports bra
 - B. Camisole with drain pouches
 - C. Bra with integrated breast form
 - D. Mastectomy bra with underwire

7. A patient who only has Medicare funding asks about their financial responsibility related to the provision of a custom breast form. You should tell them that:
 - A. They will be responsible for 20% of the usual and customary charge
 - B. They will be responsible for 80% of the usual and customary charge
 - C. They may be responsible for 20% of the Medicare allowable charge
 - D. They may be responsible for 80% of the Medicare allowable charge

8. A patient with limited shoulder range of motion (ROM) should be fit with:
 - A. Fiberfill form with camisole
 - B. Bra with integrated breast form
 - C. An oval shaped form
 - D. Front closure bra

9. HIPAA regulations address:
 - A. Workplace safety and safe use of patient equipment
 - B. Prevention of the spread of infectious diseases
 - C. Standards for protection of healthcare information
 - D. Fair labor practices in a healthcare setting

10. During an initial follow-up appointment the patient states that they have not been able to wear the prosthesis because there has been increased redness and swelling at the incision site. The fitter should:
 - A. Refer the patient back to their physician
 - B. Measure the patient for a new bra and prosthesis
 - C. Adjust the bra to accommodate the swelling
 - D. Tell the patient to discontinue use of the prosthesis until the swelling resolves

Answer Key:

1. A 2. A 3. C 4. A 5. D 6. B 7. C 8. D 9. C 10. A