



TEST CONTENT OUTLINE

THERAPEUTIC SHOE FITTERS

The Therapeutic Shoe Fitter Exam Test Content Outline below is broken down by domain; each domain section indicates the percentage of emphasis that the elements of practice in that domain receives on the exam. For each Practice Domain listed on the Test Content Outline, you should plan on familiarizing yourself with clinical, technical or general practice information related to that domain.

Practice Domains

DOMAIN 1

Patient Evaluation — 30%

- Review patient's prescription/referral
- Take patient history (e.g., previous orthotic treatment, medical history, physical limitations, activity levels)
- Perform a diagnosis-specific clinical examination (e.g., anatomy, disease process, signs and symptoms, deformities, skin integrity, protective sensation)
- Refer patient, if appropriate, to other healthcare professionals (e.g., physician, certified orthotist, certified pedorthist) for intervention beyond the certified fitter of therapeutic shoes scope of practice
- Document assessment using established recordkeeping techniques

DOMAIN 2

Formulation of the Treatment Plan — 19%

- Evaluate assessment findings to determine a treatment plan
- Communicate to patient and/or caregiver about the recommended treatment goals and anticipated outcome(s)
- Identify appropriate shoe based on patient evaluation and prescription (e.g., last, closure, toe box, style)
- Identify appropriate insert based on patient evaluation and prescription (e.g., materials, coverings)

DOMAIN 3

Implementation of the Treatment Plan — 23%

- Communicate with patient and/or caregiver regarding potential risks/benefits, financial obligations and time involved in providing therapeutic shoes/inserts
- Select appropriate shoe based on patient assessment and prescription (e.g., last, closure, toe box, style)
- Select appropriate insert based on patient assessment and prescription (e.g., materials, coverings, adjustability)
- Take required measurements for therapeutic shoes and inserts
- Fit therapeutic shoes/heat mold inserts and assess fit and function (e.g., adjust fit of shoes as needed, modify insert as needed)
- Determine patient's ability to properly don, doff and fasten shoes
- Educate patient and/or caregiver about the use of and maintenance of the therapeutic shoes and inserts (e.g., wearing schedules, hygiene, foot inspection, inspection, and risk precautions, manufacturer's warranty)
- Verify that therapeutic shoes and inserts are delivered as prescribed
- Document treatment using established recordkeeping techniques

DOMAIN 4

Continuation of the Treatment Plan — 13%

- Obtain feedback from patient and/or caregiver regarding comfort, satisfaction with and achievement of goals concerning the therapeutic shoes and inserts
- Re-assess fit and function of therapeutic shoes/inserts
- Assess tolerance, compliance with wear schedule, ability to don/doff/fasten shoes and proper use of therapeutic shoes/inserts
- Re-assess patient's skin integrity
- Make adjustments to therapeutic shoe/insert based on assessment of patient's current status
- Review usage, wear schedule, and risk precautions with patient and/or caregiver
- Develop and communicate with the patient and/or caregiver the long-term follow-up plan
- Document follow-up using established record-keeping techniques

DOMAIN 5

Practice Management — 15%

- Comply with all applicable federal, state and local laws and regulations (e.g., CMS, HIPAA, FDA, ADA, OSHA)
- Adhere to professional and ethical guidelines (e.g., *ABC Code of Professional Responsibility*) per accrediting organization
- Comply with established documentation requirements related to billing and claims development (e.g., Medicare and/or other third-party payer required documentation, ABC facility accreditation standards)
- Promote a safe and professional environment for patient care (e.g., universal precautions, ABC facility accreditation standards, CDC recommendations, discrete treatment area)